

MYTH

Talking about sex and
condoms promotes
promiscuity (having many
sexual partners)



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HIGH SCHOOL

HIV - AIDS

SEX
EDUCATION



FACT *The truth is, talking about it promotes knowledge, safety and responsibility*

QUESTION

WHO CAN GET HIV/AIDS?



ANSWER

ANYONE CAN!

**Make sure you know
the facts about
HIV/AIDS and
safe sex.**



**Knowing the facts
will help you.
Acting on them
can protect you.**

Can you get HIV from mosquitos?

QUESTION





ANSWER

HIV **NO!**
IS TRANSMITTED BY:

- *Having unsafe sex (without a condom) with someone who has HIV.*
- *Infected blood - through sharing needles (tattoos/injecting) and razor blades.*
- *HIV-positive mother to child.*

*How can you protect yourself
from HIV/AIDS and other
sexually transmitted
infections (STIs)?*



QUESTION



ABSTINENCE (not having sex) or delaying sex until you are ready.



BE FAITHFUL (only have one partner, and that partner is faithful too).



CONDOMS (use them properly every time you have sex).



DO LESS SEXUAL RISKY THINGS (such as kissing, touching, body rubbing).

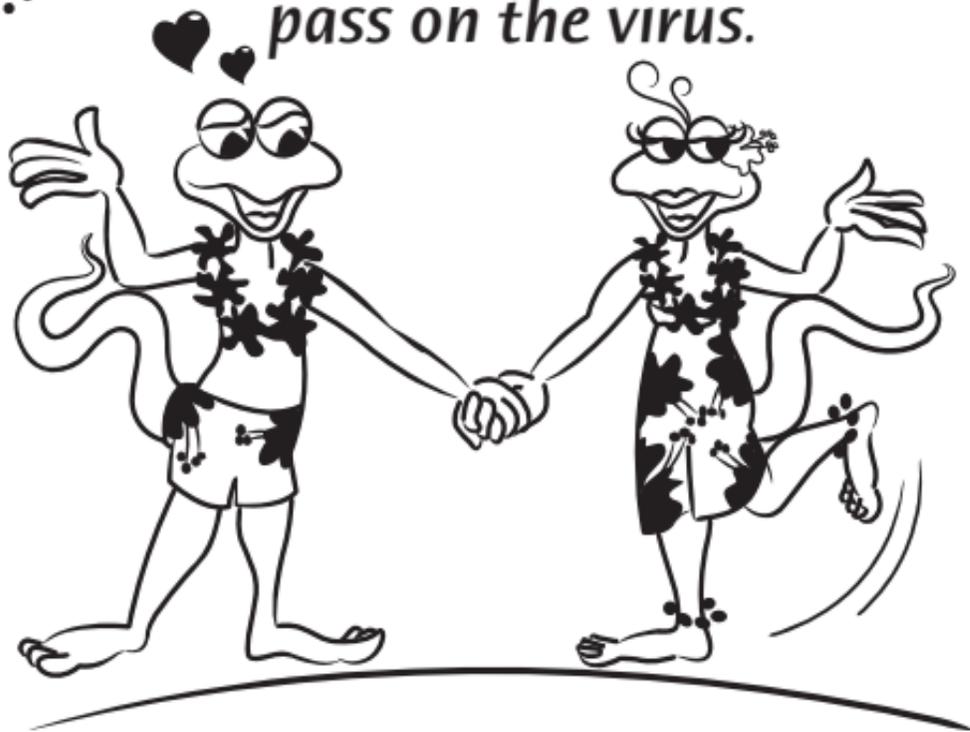
MYTH

*You can tell by looking
if someone is HIV-positive*



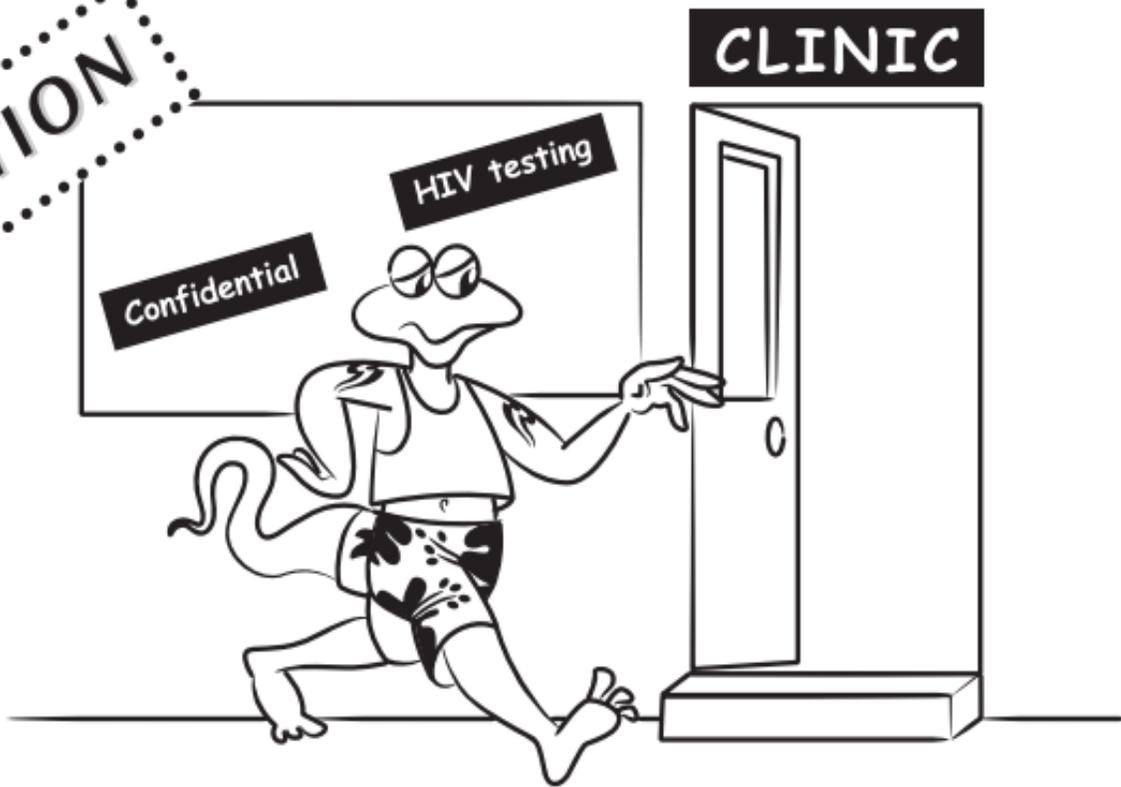
FACT

NO! You can't tell. People can live for many years before getting sick, but they can still pass on the virus.



How can I know if I have HIV?

QUESTION





ANSWER

The only way to know for sure is to have a blood test.

- You will need to go to a clinic for a test.*
- Testing for HIV is voluntary (it's your decision)*
- All information is confidential*
- There is counselling available to support you getting tested*